



**President's Open  
Sunday, June 10, 2018  
Taconic Hills HS**



**Track Events**

**Start Time: 2:00pm**

- 2:00 1500m/3000m/5000m Racewalks (Run together)
- 4x800 Relay - Midgets and Older
- 2:30 80m Hurdles - Midget Boys/Girls
- 100m Hurdles - YthG /YthB /Jr & Sr Girls /Open & Masters Women
- 110m Hurdles - Jr & Sr Boys/Open & Masters Men
- 3:00 100m Dash Preliminaries (Only divisions with more than the number of lanes will run a preliminary.)
- 5000m Run - Juniors and Older (run with 3k)
- 3000m Run - Midgets and Older
- 800m Run - All Divisions
- 100m Dash Finals - All Divisions
- 400m Hurdles - Juniors and Older
- 200m Hurdles - Youth Girls & Boys
- 400m Dash - All Divisions
- 1500m Run - All Divisions
- Steeplechase
- 200m Dash - All Divisions
- 4x100 Relay - All Divisions
- 4x400 Relay - All Divisions

**Abbreviations Key**

<u>Division</u>	<u>Yr. of Birth</u>
Primary (P)	2012+
Sub Bantam (SB)	2010-2011
Bantam (B)	2008-2009
Midget (M)	2007-2007
Youth (Y)	2004-2005
Juniors (Jr)	2002-2003
Seniors (Sr)	2000-2001
	<b><u>AGE</u></b>
Open (O)	19-29
Masters (M)	30+

**Field Events**

**Start Time: 2:00pm**

<b>PV</b>	<b>HJ</b>	<b>LJ/TJ</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Hammer</b>
PV Warmups	Youth to Masters	Primary-Girls Primary-Boys	Primary B/G Bantam B/G			
Starting height: 1.5m	Primary to Midget	Bantam Girls Bantam Boys	Jr/Sr Boys O/M Men	Midget Girls Midget Boys		
Continuous Bar		Midget Girls	Jr/Sr Girls O/M Women	Youth Girls Youth Boys	Follows Shot Put	Follows Discus
		Midget Boys	Midget Girls Midget Boys	O/M Women Jr/Sr Girls	Primary Girls Primary Boys	Jr and older
		Youth Girls		Jr/Sr Boys O/M Men	Bantam Girls Bantam Boys	
		Youth Boys			Midget Girls Midget Boys	
		Jr./Sr./O/M			Youth B/G Jr/Sr Girls - O/M Women	
		Triple Jump All			Jr/Sr Boys O/M Men	