

**AAU Region 1 Qualifier**  
**Thursday, June 25, 2026**  
**Schenectady, NY Mont Pleasant Middle School**

Track			High Jump 1	High Jump 2	Shot Put 1	Shot Put 2	Long Jump 1	Long Jump 2
4:00	80 HH 30"	Pent 11/12 G/B						
4:10	100 HH 30"	Pent 13/14 G						
4:15	100HH 33"	Pent 13/14 B						
4:20	100HH 33"	Hep 15-18 G						
4:25	100m	Dec 15-18 B						
4:45			Pent 11-14 G/B	Dec/Hep				
5:00	1500 RW	9-12 G/B			Tri 9-12 G/B			
	3000 RW	13-18 G/B						
5:30	3000m	11-18 G/B		Tri 9-12 G/B	Dec/Hep	Pent 11-14 G/B		
6:00								
6:30	200m	Hep 15-18 G					Dec 15-18	Pent 11-14 G/B
	200m	Tri 9-12 G						
	400m	Tri 9-12 B						
7:15	400m	Dec 15-18 B						
	800m	Pent 11-14 G						
	1500m	Pent 11-14 B						





## AAU Region 1 Qualifier

Sunday, June 28, 2026

Schenectady, NY Mont Pleasant Middle School

Track			Triple Jump	High Jump	Javelin	
9:00	80 HH Finals 30"	11-12 B/G	13 G/B	15-18 G	15-16 B	800g
	100HH Finals 30"	13-14 G				
	100HH Finals 33"	13-14 B				
9:30	100HH Finals 33"	15-18 G			17-18 B	800g
	110HH Finals 39"	15-18 B				
10:00	100m Finals	All Divisions	14 G/B		13 G/B	600g
10:30		All Divisions			14 G/B	600g
11:00	800m Finals		15-18 G	15-18 B	15-16 G	600g
11:30					17-18 G	600g
12:00	Steeplechase 30"	15-18 G	15-18 B			
12:30	Steeplechase 36"	15-18 B				
1:00	200m Finals	All Divisions				
1:30						
2:00	4x400 Relay	All Divisions				
2:30						
3:00						